




































# SUSHIDOG

## SushiDog Menu












































| Item                                 | Calories per serving | Contains Allergens   | May Contain Allergens   | Other Properties   |
|--------------------------------------|----------------------|--|---|--|
| Base                                 |                      |  |   |  |
| White Rice (bowl) - 1 Serving        | 442Kcal              |  |   |  <br>       |
| Rice sheet & Nori (roll) - 1 Serving | 226Kcal              |  |   |  <br>       |
| Brown Rice (bowl) - 1 Serving        | 453Kcal              |  |   |    |
| Asian Superfood Slaw - 1 Serving     | 101Kcal              |      |   |    |
| Fillings                             |                      |  |   |  |
| Salmon - 1 Serving                   | 142Kcal              |   |   |   |
| Marinated Ahi Tuna - 1 Serving       | 92Kcal               |      |  |  |
| Chicken Katsu - Recipe Total         | 170Kcal              |      |   |   |
| Char Siu Chicken - 1 Serving         | 119Kcal              |     |   |   |
| Honey Chilli Steak - 1 Serving       | 123Kcal              |     |   |  |
| Popcorn Shrimp - 1 Serving           | 134Kcal              |      |   |  |
| Teriyaki Tofu - 1 Serving            | 155Kcal              |    |   |  <br> |















































































## Sauce






































































|                                   |         |  |   |   |
|-----------------------------------|---------|--|---|---|
| Soy - 1 Serving                   | 9Kcal   |    |   |   |
| Japanese Mayo - 1 Serving         | 141Kcal |    |    |   |
| Sriracha Lime Mayo - 1 Serving    | 123Kcal |     |    |    |
| Satay Sauce - 1 Serving           | 75Kcal  |      |   |   |
| Teriyaki Sauce - 1 Serving        | 18Kcal  |    |   |   |
| Really Hot, Hot Sauce - 1 Serving | 6Kcal   |    |   |   |
| Chilli Miso Soy - 1 Serving       | 34Kcal  |    |   |   |

## Toppings

|                               |        |   |  |   |
|-------------------------------|--------|---|--|---|
| Avocado - 1 Serving           | 84Kcal |   |  |    |
| Edamame - 1 Serving           | 63Kcal |    |  |    |
| Cucumber - Bowl Portion       | 8Kcal  |   |  |    |
| Asian Spiced Corn - 1 Serving | 43Kcal |   |  |     |
| Pickled Cabbage - 1 Serving   | 8Kcal  |    |  |     |
| Pickled Carrot - 1 Serving    | 17Kcal |    |  |     |
| Seaweed - 1 Serving           | 41Kcal |    |  |     |

|  |        |   |   |  |
|--|--------|---|---|--|
| Mango - 1 Serving  | 18Kcal |   |   |  VEGETARIAN<br> GLUTEN FREE<br> VEGAN   |
| Pickled Ginger - 1 Serving                                 | 1Kcal  |   |   |  VEGETARIAN<br> GLUTEN FREE<br> VEGAN |
| Fresh Chillies - 1 Serving                                 | 2Kcal  |   |   |  VEGETARIAN<br> GLUTEN FREE<br> VEGAN |
| Spring Onions - 1 Serving                                  | 2Kcal  |   |   |  VEGETARIAN<br> GLUTEN FREE<br> VEGAN |
| Kimchi - 1 Serving   | 12Kcal |  SOYA  |  CELERY<br> MUSTARD |  VEGETARIAN<br> VEGAN  |
| Crispy Onions - 1 Serving                                  | 71Kcal |  WHEAT  |   |  VEGETARIAN<br> VEGAN  |
| Crispy Wonton Strips - 1 Serving                           | 29Kcal |  WHEAT<br> EGGS   |   |  VEGETARIAN   |
| Seasoning  |        |   |   |  |
| Mixed Sesame Seeds - 1 Serving                             | 17Kcal |  SESAME  |   |  VEGETARIAN<br> VEGAN  |
| Togarashi - 1 Serving                                      | 10Kcal |  SESAME  |   |  VEGETARIAN<br> VEGAN  |
| SushiDog Seasoning - 1 Serving                             | 1Kcal  |  SESAME  |   |  |
| Sides  |        |   |   |  |
| Miso Soup (with Spring Onions) - 1 Serving                 | 42Kcal |  WHEAT<br> SESAME<br> SOYA |   |  VEGETARIAN<br> VEGAN  |
| Miso Soup (with Teriyaki Tofu) - 1 Serving                 | 92Kcal |  WHEAT<br> SESAME<br> SOYA |   |  VEGETARIAN<br> VEGAN  |
| Miso Soup (with Spring Onions & Teriyaki Tofu) - 1 Serving | 92Kcal |  WHEAT<br> SESAME<br> SOYA |   |  |

|  |         |   |  |
|--|---------|---|--|
| Original Tater Tots with Japanese Mayo - 1 Serving | 418Kcal | <br>WHEAT<br><br>SESAME<br><br>EGGS<br><br>SOYA<br><br>MILK<br><br>SULPHITES<br><br>CRUSTACEANS<br><br>MUSTARD<br><br>PEANUTS                        |  |
| Original Tater Tots with Sriracha Mayo - 1 Serving | 397Kcal | <br>WHEAT<br><br>SESAME<br><br>EGGS<br><br>SOYA<br><br>MILK<br><br>SULPHITES<br><br>CRUSTACEANS<br><br>MUSTARD<br><br>PEANUTS                   |  |
| Original Tater Tots with Teriyaki - 1 Serving      | 349Kcal | <br>WHEAT<br><br>SESAME<br><br>EGGS<br><br>SOYA<br><br>MILK<br><br>SULPHITES<br><br>CRUSTACEANS<br><br>MUSTARD<br><br>PEANUTS                   |  |
| SushiDog Tater Tots - 1 Serving                    | 388Kcal | <br>WHEAT<br><br>SESAME<br><br>EGGS<br><br>SOYA<br><br>MILK<br><br>SULPHITES<br><br>CRUSTACEANS<br><br>MUSTARD<br><br>PEANUTS                   |  |
| Seaweed Salad - 1 Serving                          | 41Kcal  | <br>WHEAT<br><br>SESAME<br><br>SOYA<br><br>VEGETARIAN<br><br>VEGAN   |  |
| Signature Rolls                                    |         |   |  |
| SushiDog's Signature Salmon - 1 Serving            | 713Kcal | <br>WHEAT<br><br>SOYA<br><br>EGGS<br><br>FISH<br><br>MUSTARD<br><br>SESAME<br><br>PEANUTS   |  |
| Chicken Katsu Avo - 1 Serving                      | 706Kcal | <br>WHEAT<br><br>SESAME<br><br>EGGS<br><br>SOYA<br><br>MILK<br><br>SULPHITES<br><br>CRUSTACEANS<br><br>MUSTARD<br><br>PEANUTS |  |
| Popcorn Shrimp - 1 Serving                         | 600Kcal | <br>WHEAT<br><br>SESAME<br><br>EGGS<br><br>SOYA<br><br>MILK<br><br>CRUSTACEANS<br><br>MUSTARD<br><br>PEANUTS   |  |
| Sticky Teriyaki Tofu - 1 Serving                   | 591Kcal | <br>WHEAT<br><br>PEANUTS<br><br>SESAME<br><br>SOYA<br><br>SULPHITES<br><br>VEGETARIAN<br><br>VEGAN  |  |
| Honey Chilli Steak - 1 Serving                     | 578Kcal | <br>WHEAT<br><br>SULPHITES<br><br>EGGS<br><br>MUSTARD<br><br>SESAME<br><br>SOYA<br><br>PEANUTS  |  |

|                                  |         |   |  |  |
|----------------------------------|---------|---|--|--|
| Char Siu Chicken - 1 Serving     | 485Kcal | <div><div>WHEAT</div><div>EGGS</div><div>MUSTARD</div><div>SESAME</div><div>SOYA</div><div>SULPHITES</div></div> <div><div>PEANUTS</div></div>   |  |  |
| Signature Bowls                  |         |   |  |  |
| Original Salmon - 1 Serving      | 821Kcal | <div><div>WHEAT</div><div>EGGS</div><div>FISH</div><div>MUSTARD</div><div>SESAME</div><div>SOYA</div></div> <div><div>PEANUTS</div></div>   |  |  |
| Classic Ahi Tuna - 1 Serving     | 721Kcal | <div><div>WHEAT</div><div>EGGS</div><div>FISH</div><div>MUSTARD</div><div>SESAME</div><div>SOYA</div></div> <div><div>PEANUTS</div></div>   |  |  |
| Dynamite Shrimp - 1 Serving      | 865Kcal | <div><div>WHEAT</div><div>EGGS</div><div>MILK</div><div>CRUSTACEANS</div><div>MUSTARD</div><div>SESAME</div><div>SOYA</div></div> <div><div>PEANUTS</div></div>  |  |  |
| Crispy Chicken Katsu - 1 Serving | 808Kcal | <div><div>WHEAT</div><div>EGGS</div><div>MILK</div><div>CRUSTACEANS</div><div>MUSTARD</div><div>SESAME</div><div>SOYA</div><div>SULPHITES</div></div> <div><div>PEANUTS</div></div> |  |  |
| Plant-Powered Tofu - 1 Serving   | 847Kcal | <div><div>WHEAT</div><div>PEANUTS</div><div>SESAME</div><div>SOYA</div><div>SULPHITES</div></div> <div><div>VEGETARIAN</div><div>VEGAN</div></div>  |  |  |
| Signature Salads                 |         |   |  |  |
| Katsu Chicken - 1 Serving        | 509Kcal | <div><div>WHEAT</div><div>EGGS</div><div>MILK</div><div>CRUSTACEANS</div><div>SESAME</div><div>SOYA</div><div>SULPHITES</div></div>   |  |  |
| Asian Steak - 1 Serving          | 472Kcal | <div><div>WHEAT</div><div>EGGS</div><div>SESAME</div><div>SOYA</div><div>SULPHITES</div></div>  |  |  |
| Char Siu Chicken - 1 Serving     | 496Kcal | <div><div>WHEAT</div><div>PEANUTS</div><div>EGGS</div><div>SESAME</div><div>SOYA</div><div>SULPHITES</div></div>   |  |  |
| Miso Soy Tuna - 1 Serving        | 370Kcal | <div><div>WHEAT</div><div>FISH</div><div>SESAME</div><div>SOYA</div><div>SULPHITES</div><div>MUSTARD</div></div>   |  |  |

\* There are various allergens in many of our products and we cannot guarantee that traces are not present in any of our dishes. If you have any allergies, please inform the team before you order! All nutritional information should be used as a guide. Due to the nature of our freshly made dishes portion sizes and nutritional information will vary.

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